



# POST-2020: DEEP DIVE ON KEY CONSTITUENCIES

# 6.1 CRITICAL TO PROGRESS: VERY YOUNG ADULTS



## Pregnant, when?

Contraceptives are methods of protecting against unintended pregnancy.

- There are four types of contraceptive:
- Natural methods
  - Barrier methods
  - Hormonal methods
  - Permanent methods

Condoms or hormonal methods (with injection) are the safest method of contraception for young women.



# Adolescent & Youth Commitments & Progress

# COUNTRY COMMITMENTS HAVE IMPROVED

44/45 countries articulate a commitment to adolescents and youth

Some are consistently strong and clear (Ethiopia, Malawi, Mozambique, Liberia)

- AY commitments are more specific and reflect available evidence.

Evidence-informed practices are increasingly presented:

- 16 focus on integrated youth friendly services
- 11 focus on comprehensive sexuality education
- 5 focus on improving age disaggregation in data

# MAJORITY OF COMMITMENTS ARE LACKING

- **Do not reflect available data on young people, continue to advance ineffective approaches:**
  - Separate spaces in static clinics
  - low quality CSE, in-schools only
  - Siloed, piecemeal programs that are not integrated or comprehensive
- **Do not reflect the realities of young people's lives:**
  - Unmarried young people experience both consensual and coerced sex
  - Married adolescents want to delay or space
  - Provider bias remains after one-off trainings
  - Many youth are not in school, and CSE is not taught effectively

# WE MUST MOVE FROM WHY TO HOW

**The case has been successfully made that it is essential to invest in the SRH of young people.**

**What is less clear:**

- WHICH young people?
- HOW should we invest?
- WHAT constitutes success?

**We reach young people too late with too little:**

- programs and services do not reflect available evidence or the realities of their lives.

# REMINDER: YOUTH COMMITMENTS MUST BE ACTED ON

## **Recommendations from Youth:**

- Launch and update commitments in-country with local media & CSOs (including youth-led orgs)
- Co-create and co-own commitments and country action plans with inter-ministerial and multi-sectoral partners - esp, youth.
- Ensure commitments are specific, measurable and evidence-informed
- Facilitate clear accountability systems and processes in place
- Identify and commitment budget support.

# DISCUSSION QUESTIONS

**Despite lack of progress, the approach to adolescents and youth hasn't changed much since ICPD/1994.**

- Why aren't we making progress? What are the challenges to moving?
- What do we need to ensure meaningful action? What aggressive investments and shifts do you think need to happen?



# THANK YOU